

# DOG FRIENDLY BEACHES

This is my list with recommendations – but you can download an official list form here: <http://www.visitcornwall.tv/pdf/Cornwall-Visitor-Dog-Guide.pdf>

**At the bottom of this list are also some dog friendly gardens to visit.**

Unfortunately not all beaches in Cornwall accept dogs from Easter to October 1<sup>st</sup> But there are many that do

*'There are 56 beaches in Cornwall which operate dog bans, so that still leaves plenty of scope for dog owners. Dog bans operate between Easter Day and October 1st. The ban does not apply to blind person's guide dogs. Taking a dog on a beach where they are banned is punishable by a fine of up to £400.'*

**Cornwall Council**  
 St Clare, Penzance, Cornwall TR18 3QW  
 Tel: 0300 1234 100 Website: www.cornwall.gov.uk

**District Beach Guide For Dog Owners**  
 DOG CONTROL ORDERS 01 / 2007 - 08 / 2007

**DOGS ARE NOT ALLOWED ON THESE BEACHES BETWEEN THE HOURS 8 A.M. & 7 P.M.**

St Ives: Porthmeor, Porthgwithden, Harbour, Porthminster.  
 Carbis Bay.  
 Hayle Towans (from Hayle river to Black Cliffs).  
 Godrevy (to Red River).  
 Gwithian (Red River to Ceres Rock).  
 Marazion.  
 Penzance Promenade (to Lariggan River).  
 Mousehole (including harbour).  
 Porthcurno.  
 Porthchapel (dogs above high tide line only)  
 Porthgarra.  
 Sennen (including harbour).  
 Perranuthnoe.

**DOGS ARE ALLOWED ON THESE BEACHES**

St Ives / Hayle Area: Hor Point, Clodgy Point, Bamaluz Beach, Lambeth Walk, Porthkidney Sands, Riviera, Mexico, Upton Towans.  
 Penzance / Mousehole Area: Eastern Green, Wherrytown (Lariggan River to Newlyn), Sandy Cove, Roskilly, Salt Ponds.  
 Land's End Area: Pednevounder, Nanjizel, Gwenver, Progo, Porthnaven, Cape Cornwall, Portheras Cove.

**THESE RESTRICTIONS APPLY FROM 1ST MAY TO 30TH SEPTEMBER**

Here I have tried to compile a list of those beaches I have used where you can take your dog at any time

Here are a few of the main ones listed by the Tourist Board. But there are others

Popular beaches such as Harlyn Bay, Constantine, Summerleaze and Watergate Bay to name but four that are not listed.

## North Cornwall

Bedruthan Steps,  
Newquay  
Constantine Bay, Padstow  
Crantock  
Daymer Bay  
Duckpool  
Fistral, Newquay  
Great Western, Newquay  
Harbour Beach, Newquay  
Harlyn Bay, Padstow  
Holywell Bay Newquay  
Lusty Glaze, Newquay  
Mawgan Porth  
Northcott Mouth, Bude  
Perransands, Perranporth  
Sandymouth  
Summerleaze, Bude  
Towan Beach, Newquay  
Trebarwith Strand,  
Tintagel  
Trevaunance Cove, St  
Agnes  
Treyarnon Bay  
Watergate Bay

## West Cornwall

Cadgwith  
Coverack  
Mullion Cove  
Pednvouder  
Porthgarra  
Porth Nanven, St Just  
Porthleven  
Porthoustock  
Prussia Cove

## South and East Cornwall

Gorran Haven  
Par Sands  
Porthcurnick, The  
Roseland  
Porthluney, The Roseland  
Whitsand Bay

**\*Dogs are welcome on these beaches at all times but must be on a lead**

Information kindly provided by Cornwall Tourist Board and Falmouth and South West Cornwall Tourism

### \*\*UPDATES

Mylor Harbour <http://www.mylor.com/the-harbour> which we have found to be a good and safe place for dogs and children as while it is not strictly only a beach it does have a long stretch of shingle and sand beach that because it is just inside the Fal Estuary, Carrick Roads is always calm and VERY safe for dogs and children to swim, paddle or fish for crabs etc (crab buckets and nets can be bought nearby)

And you can walk along the beach all the way to Flushing and it has at least 2 good restaurants/cafe/pubs that do lovely food and welcome dogs and children, plus toilets and other facilities. You can also hire a boat to go crab and other fishing or for a trip around the Estuary or to go further out to sea.

The whole area is very dog and children friendly, there is a lot of parking, so I would recommend it.

Other than this and if you require waves for surfing etc see below

Please also note that Praa Sands has now changed its policy so that it allows dogs on the beach after 7.30 pm. Which while seems late it is a great place to walk your dogs in the evening and on warm evenings have children play in the sea and it also has a good , child and dog friendly restaurant/pub The Sandbar <http://www.sandbarpraasands.co.uk/>

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***Theses are some I go to and not all are listed by the Tourist board but all take dogs***

### ***Loe Bar***

#### ***Just past Helston***

Grassy areas, steep sand shelves. Fierce currents; unsafe for swimming! But a tremendous site of natural interest

The combination of powerful waves, steep slippery shingle bank and vicious currents make it a very dangerous stretch of beach; several lives have been lost so it is not suitable for swimming even for dogs.

However one you are on the Bar the Loe ( a freshwater lake) is just behind you and dogs can swim in this.

**Loe Bar is actually 2 parts;** The Loe, the largest natural fresh water lake in Cornwall

This can be reached from many access points.

Opposite the boating lake in lover Helston – which is in fact a sectioned off part of the Loe – There is a large car park where you can park and walk around the Loe. You can walk right down the Loe to the Loe Bar and to the sea but this is a very long walk maybe a couple of miles or more.

Or if you drive past the car park opposite the boating lake along the road to Porthleven you will see the entrance top Penrose Estates. You can then park and will find yourself further down the Loe

**Or the Bar,** a half mile shingle bank between the river Loe and the sea. (which you can drive to directly by going towards Church Cove and there is a small lane that leads to it or form Porthleven – a short walk along the cliffs form the left side of Porthleven Harbour

Take directions to Porthleven (above).

Drive into Porthleven and along the harbour side on the right. Follow the coast road

south out of Porthleven keeping the sea on the right. Finally there is a fork in the road signposted 'Loe Bar'; follow this road until it turns into a track ending in a car park.

Take the coast path past Penrose Estate to get to Loe Bar.

In terms of accessibility, it is a fair walk from the car park. (Recommended – especially if you like birds and walking)

### ***Praa Sands***

Not strictly a dog friendly beach in the day in the summer but you are allowed dogs after 7.30pm in the summer and many dog owners – including myself – go down to this beach in the evening.

There is also a lovely and dog friendly pub practically on the beach 'The Sandbar' <http://www.eatoutcornwall.com/cornwall-restaurant/details-restaurant.php?pv=5432> (Recommended)

### ***Dollar Cove***

**Next to Church Cove** – Through Helston towards and then past Culdrose naval base and turn off where it is signposted to Church Cove.

If you go on Dollar Cove with your dog you can use the facilities at Church Cove next to it i.e. toilets, and café.

Dogs are not allowed on Church Cove beach but they are allowed just above the beach and overlooking it on the sandy dunes. Therefore dog owners do swim in Church Cove while perhaps one of the party looks after the dogs in the dunes above the cove.

This cove on the Lizard takes its name from the coins that have occasionally been found here from the wreck of a 17th Century ship. Also known as Jangye-ryn (Recommended)

### ***Porthleven harbour***

While dogs are not allowed in the high season on Porthleven beach they can swim anytime in the Harbour. Porthleven is a lovely old tin and fishing harbour with 3 nice pubs, several restaurants and gift shops (Recommended)

### ***Gunwalloe – Fishing Cove***

Small cove to the north of Church Cove.

## **Gunwalloe – Beach**

Down a unmade lane Opposite the Halzephron Inn <http://www.halzephron-inn.co.uk/> - you can park at the Pub or down the track as there are 4 parking spaces just before the beach.

The Inn is a very old pub, over 500 years old with smuggling connections that does fantastic food, and is dog friendly in most areas. It is a great trip out top combine a walk on the beach with a dinnertime or early evening meal. **(Recommended but no lifeguards)**

## **Mullion Cove**

A picturesque National Trust harbour. Small side beach at low tide. Swimming with care.

Approach Helston on the A394, or drive to Redruth on the A30 taking the B3297 to Helston at Redruth. At Helston follow the A3083 to Lizard. About 4/5 miles after Helston turn right onto the B3296 to Mullion. At Mullion follow the directions to keep on the B3296 to Mullion Cove

Beach is a short walk from the car park.



## **Mousehole (Recommended)**

Dogs re allowed in the smaller harbour



Mousehole, pronounced "Mowzel", is located just three miles westward around Mounts Bay from Penzance and is one of the most beautiful coastal villages in Britain. Happily, it has remained largely unspoiled by the developments of the 20th Century and it continues to present the image of the classic Cornish fishing village of bygone days. The village is centred around a nearly circular harbour protected from the force of the sea coming across Mounts Bay by two sturdy breakwaters.

Today there still remains some fishing boats based in the harbour while these are augmented by pleasure craft to make the vista of the harbour peaceful and idyllic. In Mousehole lived Dolly Pentreath, reputedly the last person who spoke the Cornish language as her natural tongue, and the language died with her some 200 years ago. A memorial to her is to be found in the churchyard of St Pol de Leon at Paul, a small village just above Mousehole.

Just offshore outside the harbour is St Clement's Isle - a small rocky islet where once an ancient hermit was said to live. A few hundred yards along the coast from the village lies a huge cave which - so some people say - gives rise to the name of the village (Mouse Hole!). While unlikely, the origin of the name continues to be a topic

of much curiosity. A small and very safe beach is located in a sheltered part of the harbour which is popular with families, particularly those with small children.

**(Recommended)**

### **Salt Ponds**

Unremarkable except for its allowing dogs. In attractive fishing village of Mousehole.

4 miles from Penzance which is 27 miles from Truro and 14 miles from Helston. Take the A30 to Penzance and follow the A30 around the outskirts of Penzance. Shortly after Penzance turn left onto the B3315. At Newlyn go straight ahead and follow the road beside Newlyn harbour, which follows the coastline along to Mousehole.

### ***Pedn Vounder***

**(Recommended)**

Be warned this is also a nudist beach: <http://www.nudecornwall.co.uk/page5.html>  
But the nudists who go there do not mind dog owners and it is also used by many locals who are not Nudists.

One of the few places you can swim safely with your dog.

Pednvounder Beach is approx. 10 minutes walk along the coast path from 'The Quarries'. At low water on a 'spring tide' it is possible to walk across the sands to Porthcurno. An absolutely gorgeous beach and a well-guarded secret. It is apparently also popular with nudists –. Beach virtually covered at high tide.

From Penzance, take the A30 for Land's End. Roughly 3 miles from Penzance, turn left at Catchall onto the B3283 (St.Buryan). Continue through St.Buryan. Two miles southwest of St.Buryan the road traverses Penberth Valley at the top of the hill on the far side of the valley turn left to Treen (Logan Rock).

From the Land's End area, take the B3315 (Porthcurno) off the A30 half a mile east of Land's End. Continue through Polgigga and past the Porthcurno turning. Just after the entrance to Trendrennen Farm on the right, the road starts downhill (Hangman's Hill). Take the sharp right turn at the bottom of the hill to Treen (Logan Rock).

Park in the small car park at the village of Treen. Follow a lane which turns sharply left past a campsite. The lane joins the coastal path which winds towards the beach.

Access is a little steep but there is a path. **(Recommended)**



### ***Polpeor Cove***

Small unremarkable grey coarse-sanded beach to the right of Lizard Point, dominated by the Old Lizard Lifeboat Station. Unsuitable for swimming.

Take the road to Lizard Point and walk down from the ruins of the old lighthouse.



### ***Cadgwith – East***

The attractive fishing village of Cadgwith has two small east-facing beaches. This is the main one, with a grey shingle beach and home to an assortment of fishing boats – this can crowd the beach, however.

20 miles from Redruth and 10 miles from Helston. Approach Helston on the A394 or drive to Redruth on the A30 and then take the B3297 to Helston. At Helston follow the A3083 to the Lizard. On the A3083, about a mile from Lizard village, are two left turnings to Cadgwith. Take the second, then turn left again and continue to the Cadgwith car park.

Access via car park at main village.



### ***Kennack Sands – East***

[http://www.intocornwall.com/engine/azabout\\_beaches.asp?guide=Kennack+Sands](http://www.intocornwall.com/engine/azabout_beaches.asp?guide=Kennack+Sands)

Southeast-facing popular beach with plenty of sand and rockpools at low tide. Surrounded by grassy areas.

Approach Helston on the A394 or drive to Redruth on the A30 and then take the B3297 to Helston. At Helston follow the A3083 to Lizard. Turn left onto the B3293 just after Culdrose Airfield. Take the first right after the Goonhilly Satellite Earth Station and continue to Kuggar; here, turn left and continue down to Kennack Sands.

Flat and easy access from (small) parking area



**Kennack Sands - Cornwall** Dog friendly **East Beach** all year round  
**West Beach** between October & April

### ***Porthoustock***

East-facing stone and shingle beach surrounded by quarry workings. Parking on the beach. Swimming with care. Popular with divers - shipwrecks in the area around The Manacles.

Take the B3293 across Goonhilly Downs to St Keverne and then follow the signs to Porthoustock.

Easy access from parking close to the quay.

## **Porthallow**

Small pebble beach directly in front of Porthallow - once a busy fishing village with a thriving pilchard fleet but with now only a few working boats left; these remaining boats are nice to watch as they pull in and out of the harbour. There are hills on either side of the beach giving it shelter. Rock pools at low tide. Pleasant views of the Fal estuary.

About midway between Porthkerris Point and Nare Head. Porthallow can best be approached from Manaccan.

Porthallow is a pebbly beach set in an old fishing cove.



## **Gwithian**

Dogs are not allowed on the beach but they are allowed on the dunes (Towans) and in the river <http://www.gwithian.org.uk/> The beach is fantastic

Nearby is Godrevy Towans **is also a nice walk with a pub for lunch. Sandsifter**

1 Godrevy Towans Gwithian TR27 5ED (**Recommended**)

Just before this on the Portreath Road is a nice walk for dogs along the cliffs at **Hells Mouth** and a popular café that does great breakfasts, and main meals plus just tea and coffee etc [http://www.panoramicearth.com/925/Cornwall/Hells\\_Mouth](http://www.panoramicearth.com/925/Cornwall/Hells_Mouth) (**Recommended**)

There is a dog friendly beach

**Fishermans Cove** that you can access from the Hells mouth car park. BUT! This is a nudist beach. But in fact very few nudists actually find themselves there as it has a very steep access: <http://www.nudecornwall.co.uk/page2.html>

This is in fact one of the hardest coves to get too as you have to be quite fit to get down the cliff path and back up again. But ones there it is a lovely little cove and worth the scramble. Obviously it can have nudists and they may require you take your clothes off! on it and in the evening it is often used by locals – fully clothed – to have private beach parties and barbeques as few tourists ever find it! (**Recommended – I Am not a nudist but I have rarely found a nudist on it and if you – and your dogs - can do the scramble down the cliff safely it is an example of a cove only known by locals and is very pretty** )

## **Gillian Harbour**

Swimming with care.





## ***Polgwidden***

Polgwidden Cove lies on the Helford River close to Helford Passage, at the bottom of Trebah gardens. A great place for boating or exploring – with the gardens, this part of Cornwall - with its huge Rhododendrons and magnolias - has a rather subtropical atmosphere.

In the Falmouth area; Falmouth is about 10 miles from Truro. Join the A390 towards Truro and at Truro follow the directions for Falmouth on the A39.

Get to Polgwidden by walking from Helford Passage or Trebah Garden; several car parks around Polgwidden at Helford Passage, Trebah Garden, Glendurgan Gardens and Bosloe.

## **Porth Beor**

Pebble and sand beach underneath the cliff face near Tregony. One of Cornwall's best "secret beaches", difficult to get to and so usually very quiet. Being underneath the cliff face, the beach is obscured and practically invisible from the headland. It can only be reached via a public footpath through farmland and a down steps carved into the cliff wall. Swimming with care.

16/17 miles from St Austell. Approaching on the A390, turn onto the A3078 for St Mawes about 4 miles east of Truro. Continue down this road and turn left at Trewithian. Continue on for 4/5 miles and park up.

15 minute walk from parking.

Difficult access.



## **Daymer Bay**

Daymer Bay in North Cornwall ( between Rock and Polzeath ) has a big sign in the Carpark saying DOGS ARE WELCOME ON THIS BEACH. The walks are dog heaven on the beach and the sandhills, left up the beach to Rock, right over the headland to Polzeath. Please do not forget to take a supply poo bags with you on your walk - remember beaches should be kept clean at all times!

## ***Towan Beach***

Southeast-facing, generally uncrowded, quite spacious crescent of sand and pebble with rock pools at low tide. Located near St Austell at the southern end of Gerrans Bay; not the Towan beach near Newquay.

16 miles from St Austell. Approaching on the A390, turn onto the A3078 for St Mawes about 4 miles east of Truro. Continue down this road and turn left at Trewithian. Follow this road for about 4 miles and just after Porth Creek, park at Porth farm.

Beach is accessed via a 250-yard path.



### ***Porthcurnick Beach***

Southeast-facing wide sandy cove just north of Portscatho. Rock pools and a slipway.

13 miles from Truro and 16 miles from St Austell. Approaching on the A390 turn onto the A3078 for St Mawes about 4 miles east of Truro and continue until Trewithian. At Trewithian turn left for Portscatho. Take the next left, park up at the small car park just before Portscatho and walk the coast path to the beach.

Access via a short walk from car park. Limited road parking by the beach. Other smaller beaches are accessible at low tide.



### ***Pendower Beach***

West part of the south-facing, mile-long popular sandy beach with slipway (the east part is Carne Beach). Excellent views along the coastline. Rocks revealed at low tide.

10 miles from Truro and 12 from St Austell. About 4 miles east of Truro on the A390 turn onto the A3078 for St Mawes. Continue past Tregony and Ruan High Lanes and turn left for Veryan. At Veryan turn right, right again, and finally right again to drive down to the car park. It is also possible to continue on the A3078, past the Veryan turning, and take the next left to drive down the western approach to Pendower to a rather small car park on the cliff top.



### ***Carne Beach***

East part of the south-facing continuation of Pendower Beach (the west part is Pendower). At high tide there is a little beach, but at low tide there is plenty of sand and shingle with rocks at either end. Good views.

10 miles from Truro and 12 from St Austell. About 4 miles east of Truro on the A390 turn onto the A3078 for St Mawes. Continue past Tregony and Ruan High Lanes and turn left for Veryan.. At Veryan turn right, then left and then right again and continue to Carne Beach.

Access from large National Trust car park.



### ***Mawgan Porth***

Wide sandy beach with sand even at high tide, and good for surfing.

7 miles from Newquay.

Approach Newquay on the A30 and turn onto the A39 at the Indian Queens roundabout. Continue across the first roundabout and at the second roundabout turn left onto the A3059 for Newquay. At Newquay follow the directions for Padstow onto the B3276. Continue on the B3276 to Mawgan Porth.

Level Access.



### ***Watergate Bay / Whipsiderry***

Mile-long beach of fine golden sand at the foot of steep cliffs with good surfing. Open to westerly winds and little shelter without the aid of a wind brake.

2 miles from Newquay.

Approaching Newquay on the A30 at the Indian Queens roundabout turn North onto the A39. Go straight across the first roundabout. At the second roundabout turn left onto the A3059. Keep going as the A3059 becomes the A3058 on the outskirts of Newquay and then turn right onto the B3276. After about two miles on the B3276, the road descends into Watergate Bay car park

Access is possible from several paths down the cliffs, but most prefer to enter in front of the hotels.



### ***Constantine Bay***

Cornwall Constantine Bay beach is a dog friendly beach. Please ensure you clean up after your dog and dispose of the mess in a suitable bin! As with all beaches remember to check tides

**Constantine Bay** is a small village with pleasant sandy beach near Padstow, Cornwall, England, UK (grid reference SW866744). It is adjacent to Boobys Bay.

The beach is very popular with surfers (and surf schools) and dogs are allowed on the beach all year round. There is lifeguard cover in the summer. Constantine Bay was a favourite holiday location of Margaret Thatcher during her premiership.<sup>[1]</sup>

There is a very small public car park with public toilets. Privately run parking facilities are also available during the summer, but other free parking is some distance from the beach, making the approach road liable to congestion.

## ***Great Western / Towan / Newquay Harbour***

Busy beaches ideal for sunbathing, families and surfing, with excellent facilities.

Park in one of Newquay town's car parks and walk to the beach!



### ***Little Fistral***

Golden sand and shingle. The little brother of Newquay's main surfing beach, Fistral Beach – and is itself also great for surf.

After taking the A392 into Newquay it is well signed-posted along the minor roads.



### ***Fistral***

A huge sandy beach and as Cornwall's prime surf location is one of the best surfing beaches in the UK. West facing with fine golden sand. International surfing events regularly take place here. The rip currents can be dangerous.

Fistral Beach is well signposted in Newquay. Car parking available in the town.

Disabled access (sand chair available)



### ***Holywell Bay***

Large sandy beach with sand dunes, popular with families and surfers. A shallow paddling stream runs down the beach. At high tide there is ample room amongst the dunes.

Around 16 miles from Truro and 6 miles from Newquay.

Proceed on the A30 from the east or west. About 2 miles east of the Carland Cross roundabout turn north onto the B3285 toward Goonhavern. At Goonhavern turn right onto the A3075. About 2 miles later turn left onto the road for Cubert and Holywell.

Easy level walk from car park



### ***Perranporth***

West-facing large sandy beach stretching for 2 miles to the north. There are also extensive sand dunes and three miles of golden sand, backed by high cliffs and dunes. Plenty of room even at high tide. A popular family beach with children's play equipment (for a possible charge). Swimming with care.

Around 10 miles from Truro and 8 miles from Newquay.  
Take the A30 from the east or west. About 2 miles east of the Carland Cross roundabout turn right onto the B3285 to Goonhavern. At Goonhavern continue on the B3285 and follow the B3285 to Perranporth.

Easy access from beach car park.



**Perranporth Beach** Huge sandy beach which stretches for 2 or 3 miles. Extensive (and we do mean extensive!) sand dunes stretching inland for (possibly) half-a-mile to a mile. Dogs allowed all year. Please remember to 'Scoop the Poop' to ensure that beaches remain dog-friendly and safe for use by all.

### ***Trevaunance Cove***

West-facing attractive cove of sand and pebbles, popular with surfers. Parking is limited. Large areas of rocks revealed at low tide. Beware that the cliffs are crumbly.

Close to St Agnes, which is 12 miles from Newquay and 9 miles from Redruth. Use the A30 from the east or west. At the Chiverton Cross roundabout about 8 miles from Redruth turn onto the B3277 to St Agnes. At St Agnes turn left into Quay Road and follow the road down to Trevaunance Cove.

Access to the beach via fairly steep road.



### ***Peter's Point***

Sandy beach; not terribly popular beach due to difficult access, but reasonably good for surfing.

Follow the A30 until you come to Loggans Moor Roundabout (with Travel Lodge on the left-hand side) and take the 4<sup>th</sup> exit towards Hayle. At the first mini-roundabout next to Lidl's, take the right hand exit signposted Portreath on the B3301.

Park at Gwithian and access to the beach is via a the path through the dunes which takes around 15 minutes.



### ***Upton to Peter's Point***

Sandy beach; not terribly popular beach due to difficult access, but reasonably good for surfing.

Follow the A30 until you come to Loggans Moor Roundabout (with Travel Lodge on the left-hand side) and take the 4<sup>th</sup> exit towards Hayle. At the first mini-roundabout next to Lidl's, take the right hand exit signposted Portreath on the B3301.

Park at Gwithian and access to the beach is via a path through the dunes which takes around 15 minutes.



### **Riviere**

Part of the long stretch of sandy beaches backed by sand dunes at Hayle. Surfing.

20 miles from Truro.

Approach Hayle on the A30 from the east. At the Loggans Moor roundabout take the fourth exit for Hayle. Shortly after the roundabout there is a double roundabout. Go straight across. The first turning on the right is no entry. Take the second turning on the right and follow the road through Phillack to the car park.

Parking close to beaches.



### **Clodgy Point**

St Ives is around 24 miles from Truro.

Approaching from the east on the A30 take the third left at the Loggans Moor roundabout to remain on the A30. At the next roundabout take the 2<sup>nd</sup> left for St Ives (A3074). Follow the A3074 through Lelant and Carbis Bay to St Ives.

### **Hor Point**

St Ives is around 24 miles from Truro.

Approaching from the east on the A30 take the third left at the Loggans Moor roundabout to remain on the A30. At the next roundabout take the 2<sup>nd</sup> left for St Ives (A3074). Follow the A3074 through Lelant and Carbis Bay to St Ives.

### **Portheras Cove**

Northwest-facing white sand beach with excellent sand. There is a warning that the beach is embedded with sharp metal fragments from a dynamited shipwreck... so not recommended for children! Otherwise a pleasant cove with a beach. Park at the Pendeen Watch



lighthouse and walk the coast path east (takes about 20 minutes)

Pendeen Watch is 1 mile from Pendeen which is 11 miles from St Ives.

At St Ives take the B3306 westbound for about 10 miles to Pendeen. At Pendeen turn right for Pendeen Watch lighthouse.

Parking in the National Trust car park with easy access

I like this one, but it is not recommended for children due to possible debris from the wreck.



### **Boat Cove**

Small fishing cove surrounded by cliffs. Local tin miners used to set off from here after a day's work in the mines, and catch mackerel for their tea. Altogether not terribly exciting.

Pendeen Watch is 1 mile from Pendeen which is 11 miles from St Ives.

At St Ives take the B3306 westbound for about 10 miles to Pendeen. At Pendeen turn right for Pendeen Watch lighthouse.

### **Priests Cove**

Another small fishing cove, under the cliffs of Cape Cornwall.

The Cape and cove were donated to the National Trust by the Heinz food company in the 1980s. A swimming race takes place between the cove and the outcrop of rocks known as The Brisons. The walk around the cape has some of the best scenery in Cornwall and is perfect for picnics.

Take the Cape Cornwall road from St Just in Penwith. The beach is close to the Cape Cornwall car park.

Easy access from Cape Cornwall car park.



### **Gwenver**

Secluded and relatively inaccessible 150 metres long sandy beach at the base of a grassy cliff, named after King Arthur's Gwynevere. At high tide the beach slopes steeply into the sea and can be dangerous. At low tide Gwenver joins up with Sennen Cove. Popular with local surfers; it might be wise to give Gwenver a miss unless you're serious about surfing as the strong surf and passionate locals are both unforgiving!

Head towards Lands End on the A30 and turn right by the Chapel just before Sennen. There is parking, but it is a very steep path to the beach.



## **Mounts Bay**

You can take your dogs to many areas of Mounts Bay beach



Mounts Bay, with Penzance at its centre, has recently been described as one of the 'Most Beautiful Bays in the World'. The great sweep of land surrounding this expanse of the sea - the first safe haven for sailors coming in from the Atlantic Ocean - runs from the Lizard Point to Lands End and includes both the resort town of Penzance and the smaller communities of Marazion, Newlyn and Mousehole with the dramatic sight of St. Michael's Mount dominating the view of the bay from almost any vantage point.

## **Newlyn**

Located just a mile west of Penzance, the fishing port of Newlyn is home to the largest fleet of fishing boats in the South of England and the landing of fish at the market on the quay makes a very significant contribution to the economy of the entire area. The village, which is joined to the western end of Penzance, retains its own separate identity. It is clustered around the harbour, with both its old quay curling around a few small boats on the western side and the much larger quays in the centre and on the eastern side of the harbour, against which are often moored the many trawlers, long-liners and other members of the fishing fleet. The importance of Newlyn as a port and harbour is emphasised by the presence on the South Pier of the Tidal Observatory and the Ordnance Survey datum point which defines the Mean Sea Level to which all UK tidal and land height measurements are referred.



## **The bustle and activity Mounts Bay**

The busyness of port give the visitor a fascinating glimpse into this dangerous and hard-working industry which has for long been the mainstay of this community. On a road leading back from the harbour will be found the Pilchard Museum which has recently been established to show how this small, yet so vital, fish - once the major product of the local industry - is processed and packed for shipment to an eager public all over the world.



## **Mousehole**

Dogs re allowed in the smaller harbour

Mousehole,pronounced "Mowzel", is located just three miles westward around Mounts Bay from Penzance and is one of the most beautiful coastal villages in Britain. Happily, it has remained largely unspoiled by the developments of the 20th



Century and it continues to present the image of the classic Cornish fishing village of bygone days. The village is centred around a nearly circular harbour protected from the force of the sea coming across Mounts Bay by two sturdy breakwaters.

Today there still remain some fishing boats based in the harbour while these are augmented by pleasure craft to make the vista of the harbour peaceful and idyllic. In Mousehole lived Dolly Pentreath, reputedly the last person who spoke the Cornish language as her natural tongue, and the language died with her some 200 years ago. A memorial to her is to be found in the churchyard of St Pol de Leon at Paul, a small village just above Mousehole.

Just offshore outside the harbour is St Clement's Isle - a small rocky islet where once an ancient hermit was said to live. A few hundred yards along the coast from the village lies a huge cave which - so some people say - gives rise to the name of the village (Mouse Hole!). While unlikely, the origin of the name continues to be a topic of much curiosity. A small and very safe beach is located in a sheltered part of the harbour which is popular with families, particularly those with small children.

## **Salt Ponds**

Unremarkable except for its allowing dogs. In attractive fishing village of Mousehole.

4 miles from Penzance which is 27 miles from Truro and 14 miles from Helston. Take the A30 to Penzance and follow the A30 around the outskirts of Penzance. Shortly after Penzance turn left onto the B3315. At Newlyn go straight ahead and follow the road beside Newlyn harbour, which follows the coastline along to Mousehole.

## **Marazion**

Marazion is the oldest chartered town in Cornwall having been granted this status by King Henry III in 1257. The town is named in the Cornish language for its historic Market (now discontinued) - *Marghas Byghan*, meaning Small Market - which became corrupted in pronunciation into Marazion. Despite similarities in the name, there is no historic connection with Judaism. Today, it is a peaceful small town facing onto one of the most beautiful wide stretches of safe sandy beach in the West Cornwall. There are quaint narrow streets and interesting shops in the town, but glimpses of the sea around every corner remind the visitor of the town's dramatic neighbour - the island of [St. Michael's Mount](#).

For those interested in sailing, there are often major National championship races which bring many hundreds of small craft to the town beach for week-long competitions - frequently of a very high international standard.

Between Penzance and Marazion lies the Marazion Marsh - an area of water and reed-beds - which is a magnet for wild birds, particularly during the Autumn migratory period. It is a very popular location with the many BirdWatchers who visit West Cornwall at these times of the year.

## Bude Beach

A bit further away

A large sandy beach which is dog-friendly all year round. Please remember to 'Scoop the Poop' to ensure that beaches remain dog-friendly and safe for use by all. Many beaches have some restrictions regarding dogs and we would advise that you contact the local tourist information centre concerned before setting out to ensure that the information contained on our site is correct

## Dog Friendly Gardens

What with gardens being such a fantastic place for walking and exploring, why stop short of taking the dog for a day out. Stretch your legs further, stay out longer without the worry of leaving frustrated dogs at home, and let your four-legged friends enjoy a day in the great outdoors.

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- **Chygurno**
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Indulge your sights and senses in this dramatic garden carved into the cliff edge teetering over...

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- **Boconnoc**
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Nestled just inland from Fowey, Boconnoc is a beautiful estate boasting lush scenery, historical...

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- **Fir Tree Farm Nursery**

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Come and enjoy our treasure trove with over 4,000 varieties of rare and cottage garden perennials...

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- **Treife**

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Beautiful Queen Anne period house - guided tours available. Licensed wedding venue. Restored...

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- **Burncoose Gardens and Nursery**

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This 30-acre woodland gardens and nursery boasts award-winning displays and a smorgasbord of...

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- **Trewidden Garden**

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Enjoy the peaceful beauty of this intimate woodland garden that is home to one of the largest...

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- **Poppy Cottage Garden**

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Situated in the heart of the beautiful Roseland Peninsula, Poppy Cottage Garden covers an acre full...

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- **Pinsla Garden & Nursery**

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Lose yourself in a creative and romantic garden perched on the edge of Bodmin Moor. Discover...

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- **Hidden Valley Gardens**

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Escape to this hidden garden where small is beautiful, but size doesn't limit the number and...

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- **Trebah Garden**



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Discover the magic of this peaceful, wild, sub-tropical valley - a truly unique experience.  
Relax...

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- **Trewithen Gardens**



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Explore under the lush canopies of woodland and discover the horticultural secrets of one of the...

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- **Carleen Subtropical Gardens**



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**Location:** Carleen

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Private subtropical garden. Collection from South America, Mexico, central and South Asia,...

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- **Penjerrick Garden**



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Spring flowering garden with camellias, rhododendrons, tree ferns, trees and ponds. Very tranquil,...

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- **Trevarno Estate and Gardens**

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Beautiful, unforgettable, a perfect day out for all the family! Do not miss a visit to the historic...

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- **Roseland House Garden**

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Roseland House is a 1 acre garden with a large range of unusual plants with conservatory and plant...

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- **Carwinion Garden**

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Twelve-acres of wild Victorian gardens nestled in the Helford Valley, Carwinion is home to one of...

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- **Tregenna Castle**

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72 acre estate with spectacular views overlooking St Ives Bay. Main attractions sub-tropical walled...

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- **Duchy of Cornwall Nursery**

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Often described as a 'series of specialist nurseries in one', especially for fuchsias, camellias,...

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- **Bosahan Garden**

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Close to the Helford River, Bosahan serves-up horticultural bliss with a breathtaking view to the...

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- **Bodmin Plant & Herb Nursery**

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A 'proper' nursery specialising in herbs and herbaceous perennials. Exciting ranges of coastal...

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- **Poldowrian Garden**

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Wander through a wild woodland garden boasting spectacular cliff-top views over Coverack Bay.  
In...

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- **Prideaux Place**

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Prideaux PLace is one of the very brightest jewels in Cornwall's crown; one of the West Country's...

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- **Potager Garden**

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Potager is a new organic garden emerging from an old nursery near the Helford Estuary. The garden...

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- **Hardy Exotics**

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Delight your senses and wander through the two and a half acres of inspiring exotica. Enjoy the...

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